

2023 Viking Opener: September 16 at Spring Lake Regional Park

Alumni Women Results

Place	Name	Age	High School	Time	Grad Year	City, State (Country)	Team	Division	Div Place
1	Eva Stuart	32	Santa Rosa	12:51	2009	Santa Rosa, CA	Santa Rosa HS	F18-39	1
2	Krista Drechsler	33	Santa Barbara	12:56	2008	Santa Barbara, CA	California Mix	F18-39	2
3	Shari Costanzo	48	St. Helena	13:03	1993	St. Helena, CA	North Bay Mix	F40-49	1
4	Emilie Cates	20	Santa Rosa	13:03	2021	Santa Rosa, CA	Santa Rosa HS	F18-39	3
5	Catherine DuBay	59	Piner	13:37	1982	Santa Rosa, CA	North Bay Mix	F50-59	1
6	Kerry Hanlon	51	Brookfield	14:04	1990	Brookfield, CT	U.S./Columbia Mix	F50-59	2
7	Leah Cederborg	18	Santa Rosa	14:06	2027	Santa Rosa, CA	Santa Rosa HS	F18-39	4
8	Gretchen Forrey	35	Petaluma	14:08	2006	Petaluma, CA	North Bay Mix	F18-39	5
9	Chelsea Helm	26	Golden Sierra	14:40	2015	Garden Valley, CA	California Mix	F18-39	6
10	Leila Nacouzi	28	Montgomery	15:13	2013	Santa Rosa, CA	Montgomery HS	F18-39	7
11	Jen Foesig	51	Upper Perkiomen	15:29	1990	Pennsburg, PA	U.S./Columbia Mix	F50-59	3
12	Angela Walsh-Tejeda	39	Montgomery	17:53	2001	Santa Rosa, CA	Montgomery HS	F18-39	8
13	Ingrid Marquez	41	Camilo Torres	17:56	1997	Bogota, Colombia	U.S./Columbia Mix	F40-49	1
14	Brenna Raugewitz	49	Newport Harbor	18:23	1992	Newport Harbor, CA	California Mix	F40-49	2
15	Julie Nacouzi	29	Montgomery	19:58	2011	Santa Rosa, CA	Montgomery HS	F18-39	9
16	Tori Meredith	66	Branham	20:18	1975	San Jose, CA	California Mix	F60-69	1
17	Melanie Nacouzi	32	Montgomery	22:03	2008	Santa Rosa, CA	Montgomery HS	F18-39	10

Women's Team Scores

Place	Team	Score
1	Santa Rosa HS	12
2	North Bay Mix	16
3	California Mix	25
4	U.S./Columbia Mix	30
5	Montgomery HS	37

Alumni Men Results

Place	Name	Age	High School	Time	Grad Year	City, State (Country)	Team	Division	Div Place
1	Kevin Pool	40	Westminster	10:37	2001	Westminster, MD	USA Mix	M40-49	1
2	Rami Nacouzi	18	Maria Carrillo	10:54	2023	Santa Rosa, CA	Santa Rosa Mix	M18-39	1
3	David Ramirez	24	Technology	10:57	2017	Rohnert Park, CA	Santa Rosa Mix	M18-39	2
4	Tristan Liggett	18	Santa Rosa	10:58	2023	Santa Rosa, CA	Santa Rosa HS	M18-39	3
5	Brandon Bannister	48	El Molino	11:13	1991	Forestville, CA	Bay Area Mix	M40-49	2
6	Kyle Fleischer	21	Santa Rosa	11:21	2020	Santa Rosa, CA	Santa Rosa HS	M18-39	4
7	Kelsey Cody	37	Montgomery	11:35	2004	Santa Rosa, CA	Montgomery HS "A"	M18-39	5
8	David Cummings	22	Sunset	11:50	2020	Portland, OR	USA Mix	M18-39	6
9	Chris Gardina	38	Piner	11:51	2003	Santa Rosa, CA	Piner HS "A"	M18-39	7
10	Will Tran	27	Piner	11:53	2013	Santa Rosa, CA	Piner HS "A"	M18-39	8
11	Spencer Hall	31	Casa Grande	12:07	2010	Petaluma, CA	Bay Area Mix	M18-39	9
12	Justin Thurman	26	Santa Rosa	12:18	2015	Santa Rosa, CA	Santa Rosa HS	M18-39	10
13	Koen Kingstrom	18	McKinleyville	12:25	2023	McKinleyville, CA	NorCal Mix	M18-39	11
14	Antonio Garcia	39	Montgomery	12:29	2002	Santa Rosa, CA	Montgomery HS "A"	M18-39	12
15	Joe Ruiz	28	Piner	12:44	2013	Santa Rosa, CA	Piner HS "A"	M18-39	13
16	Chad Raugewitz	55	Foothill	12:50	1986	Tustin, CA	SoCal Mix	M50-59	1
17	Kevin Drisko	53	Montgomery	13:07	1988	Santa Rosa, CA	Montgomery HS "A"	M50-59	2
18	David Park	39	Santa Rosa Christian	13:09	2002	Santa Rosa, CA	Santa Rosa Mix	M18-39	14
19	Jaime Silva	28	Piner	13:11	2013	Santa Rosa, CA	Piner HS "A"	M18-39	15
20	Jerry Finlay	45	Montgomery	13:13	1997	Santa Rosa, CA	Montgomery HS "A"	M40-49	3
21	Michael Efram	57	Dos Pueblos	13:18	1984	Goleta, CA	SoCal Mix	M50-59	3
22	Peter Vincent	56	Montgomery	13:26	1984	Santa Rosa, CA	Montgomery HS "A"	M50-59	4
23	Andy Lieberman	60	Point Arena	13:44	1979	Point Arena, CA	NorCal Mix	M60-69	1
24	Dan Karbousky	39	Cardinal Newman	13:53	2003	Santa Rosa, CA	Santa Rosa Mix	M18-39	16
25	Daniel Marchbanks	39	Montgomery	14:01	2002	Santa Rosa, CA	Montgomery HS "B"	M18-39	17
26	Brian Ambrosini	39	Piner	14:03	2003	Santa Rosa, CA	Piner HS "A"	M18-39	18
27	Ryan Walsh	36	Montgomery	14:12	2005	Santa Rosa, CA	Montgomery HS "B"	M18-39	19
28	Paul Cummings	55	Montgomery	14:22	1986	Santa Rosa, CA	Montgomery HS "B"	M50-59	5
29	Efren Reyes	28	Piner	14:24	2014	Santa Rosa, CA	Piner HS "B"	M18-39	20
30	Sami Nacouzi	20	Montgomery	14:41	2021	Santa Rosa, CA	Montgomery HS "B"	M18-39	21
31	Steve Morgan	36	Montgomery	14:47	2005	Santa Rosa, CA	Montgomery HS "B"	M18-39	22
32	Jeff Godfrey	50	Montgomery	14:48	1991	Santa Rosa, CA	Montgomery HS "C"	M50-59	6
33	J.R. Mintz	57	Santa Clara	14:57	1984	Santa Clara, CA	Bay Area Mix	M50-59	7
34	Larry Meredith	66	Wapahani	15:01	1975	Selma, IN	USA Mix	M60-69	2
35	Daniel Lacount	19	Willits	15:20	2023	Willits, CA	NorCal Mix	M18-39	23
36	David Dailor	65	Escambia	15:39	1976	Pensacola, FL	USA Mix	M60-69	3
37	David Kittelstrom	56	Cape Elizabeth	15:44	1990	Cape Elizabeth, ME	USA Mix	M50-59	8
38	Jason Fung	39	Montgomery	16:00	2002	Santa Rosa, CA	Montgomery HS "C"	M40-49	4
39	Pedro Reyes	19	Piner	16:15	2023	Santa Rosa, CA	Piner HS "B"	M50-59	9
40	Chris Jones	56	Montgomery	16:59	1985	Santa Rosa, CA	Montgomery HS "C"	M50-59	10
41	Taylor Tiraterra	39	Exeter Union	17:28	2002	Exeter, CA	SoCal Mix	M18-39	24
42	Michael Parker	56	Montgomery	17:58	1985	Santa Rosa, CA	Montgomery HS "C"	M50-59	11
43	Mark Vollmer	58	Montgomery	18:16	1983	Santa Rosa, CA	Montgomery HS "C"	M50-59	12
44	Chance Beaubé	54	Piner	20:41	1987	Santa Rosa, CA	Piner HS "B"	M50-59	13
45	Robert Thomas	59	Montgomery	36:38	1983	Santa Rosa, CA	Montgomery HS "C"	M50-59	14

Men's Team Scores

Place	Team	Score
1	Santa Rosa HS	22
2	Santa Rosa Mix	23
3	Piner HS "A"	34
4	Montgomery HS "A"	38
5	USA Mix	43
6	Bay Area Mix	49
7	NorCal Mix	71
8	SoCal Mix	78
9	Montgomery HS "B"	80
10	Montgomery HS "C"	110
11	Piner HS "B"	112